

# **Prayers for the Journey**

*Ephesians Edition*



A prayer and journaling journey for  
wives to take on behalf of their husbands.

By: Kimberly Campbell



Dear women of God –

Thank you for having a heart that seeks to please God by praying for your husband. It is our noteworthy privilege as wives to lift up our husbands before the throne of God. We have a great High Priest who is ever interceding for us – praying with us in our prayers. Thank you for joining Him!

This book of prayers, unlike others I have found, is not topical. I have had the privilege to sit under some godly men who have taught the Word well and thoroughly, and so I have gained a deep love for expository preaching, which follows the text of a book, richly unfolding the depth of the Word of God! So this is a daily Scripture guide, taking you through the book of Ephesians (not every verse, but 30 selected passages from that short letter Paul wrote, to give you a month's worth of study and prayer) and showing you how to apply what you read in praying God's Word back to Him on behalf of your husband.

Also, this idea of praying for our husbands wasn't one I knew how to do all my life. From college on, I had a wonderful and godly mentor who has taught me by example how to pray prayers based on the Word of God, journaling and writing down prayers that His Word gives us. I can tell you from experience, praying through a certain book for my sweet husband, that this practice is greatly rewarded and greatly rewarding! It is not about the prayers we pray – but the God who is gracious to answer. But, what better way than to pray His Word back to Him!

Ladies, I know some of you may be married to husbands who are not believers. I want to encourage you to pray these anyway: in light of the grace and work that our mighty God can do in the life and heart of your husband. 1 Peter 3:1

I pray that you will use this book of prayers as a springboard for your own prayers for your husband and for your journey together.

### **How to use this book:**

I have given you a Scripture and a prayer. I ask that you would read the entire chapter that the selection comes from, then read and pray the prayer that is there. It is a basic prayer. On the following page you will find lines so you can use this book like a journal, and either write out your own prayer, or jot down specific things that the Spirit has made you mindful of for your husband. You know your husband well: his fears and insecurities, his hopes and dreams. Bring those to our gracious answering Father! You will also find a quote on a specific topic the passage addresses, and other related Bible references. If you are able, go to those verses and pray those for your husband as well.

God will reward the faithful – He has promised it. Take him up on His promises!

## Introduction

Praying for my husband is hard work. That doesn't mean that it isn't a joy. It is a great joy. It is also a privilege and a rewarding part of being married. But it takes time and commitment, self-sacrifice and faith.

God commands us to pray and He teaches us to pray. He also enables us to pray for our husbands. Kimberly Campbell's book is a part of God's enabling wives to obey the command to pray. She very systematically leads us thru passages in the book of Ephesians where we hear God's voice and guides us in ways to respond. Call and response-the essence of worship; reminding God of what He has said and watching and waiting for Him to perform His word.

I appreciate Mrs. Campbell's help in learning how to pray. I need encouragement to persevere in prayer. This book does not guarantee answered prayers. It does not promise a stronger marriage or changes in your family for generations. But God does. And He's waiting to talk with you about it now.

Margo Bowen  
Chapel Hill, NC  
Married 30+ years

Ephesians 1:5-6

“...He predestined us for adoption as sons through Jesus Christ, according to the purpose of His will, to the praise of His glorious grace with which He has blessed us in the Beloved.”

Beloved –

I praise You for being Sovereign over all things and being the one who sees and knows everything from the beginning.

Thank you for knowing and calling my husband to salvation before time even began. Thank You for making him an eternal son not because of anything he has done but because of Your plan in Christ.

Thank You for designing his life in the way that would bring You the most glory. You have blessed him greatly with rich blessings in the Son – thank You. I can't praise You enough for saving my husband.

You are praiseworthy — Amen

“We will never grow in our knowledge of God the way we ought if we do not ask God for such things.”

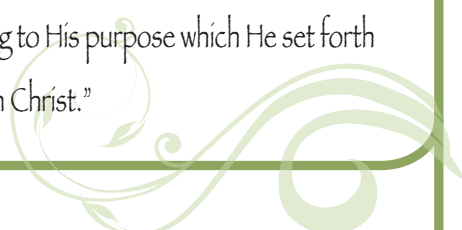
- D. A. Carson, *A Call to Spiritual Reformation*, p. 175

Additional Verses:

2 Corinthians 2:9-16; Colossians 2:1-10

## Ephesians 1:7-9

“In Him we have redemption through His blood, the forgiveness of our trespasses, according to the riches of His grace, which He lavished upon us, in all wisdom and insight making known to us the mystery of His will, according to His purpose which He set forth in Christ.”



### Father God –

Thank You for Your great sovereignty over all things – including my husband’s salvation. Thank You for redeeming him through the blood of Christ – purchasing him from a life of destruction and death. Thank You for forgiving him of his sins and giving him a peaceable heart of forgiveness with me.

Thank You for lavishing upon him love, wisdom, and insight into Your will for his life.

Continue please to give him abundant wisdom to lead in his ministry and work and to lead our family. You set his faith in Christ before the foundations of the world – thank You for the eternal security of that promise.

In the Savior — Amen

“By the gift of His life, we are freed from our captivity to sin.”

- Bryan Chapell, *Ephesians*, p. 34

Additional Verses:

Romans 3:25; Romans 5:9





## Ephesians 1:11-14

“In Him we have obtained an inheritance, have been predestined according to the purpose of Him who works all things according to the counsel of His will, so that we who were the first to hope in Christ might be to the praise of His glory. In Him you also, when you heard the word of truth, the gospel of your salvation, and believed in Him, were sealed with the promised Holy Spirit, who is the guarantee of our inheritance until we acquire possession of it, to the praise of His glory.”

Rich Ruler –

You own everything – all of it belongs to You. Thank You for giving \_\_\_\_\_ an eternal inheritance that will never diminish or fade. His inheritance is not of gold or riches or fame – but a seal that is incorruptible. It is eternal! No flood or tornado or hurricane will damage, and insurance will not cover it. The seal of the promised Holy Spirit is evidenced in his life by his love of the word and his hatred of sin. May the life that he leads at home and in his relationships be one that will give You great praise!

Keep him from sin that will harm him and Your glory in this world. Thank You for opening his ears to the gospel long ago and allow him not to grow blind to the beauty of its truth and power.

By Your grace — Amen

Lined writing area with 18 horizontal lines.

“Blessings abound where’er He reigns; the prisoner leaps to lose his chains;  
The weary find eternal rest, and all the sons of want are blessed.”

- Isaac Watts

Additional Verses:

Romans 8:6-9; 1 Corinthians 2:14



## Ephesians 1:16-21

"I do not cease to give thanks for you, remembering you in my prayers, that the God of our Lord Jesus Christ, the Father of glory, may give you a spirit of wisdom and of revelation in the knowledge of Him, having the eyes of your hearts enlightened, that you may know what is the hope to which He has called you, what are the riches of His glorious inheritance in the saints, and what is the immeasurable greatness of His power toward us who believe, according to the working of His great might that He worked in Christ when He raised Him from the dead and seated Him at His right hand in the heavenly places, far above all rule and authority and power and dominion, and above every name that is named, not only in this age, but also in the one to come."

Father –

Thank You for my husband – for giving him to me as my sweet mister with which to journey through this life. Wise God, will you impart your wisdom to him as he seeks to lead our family spiritually and financially, especially in dry or overwhelming times? Guide him, oh Great Jehovah! In hopeless dark times, show him the hope that is only found in Christ, who is our true and glorious Hope! I don't know what immeasurable power is – but bring it upon my sweet man so that everyone who sees him will see YOU!

Help his unbelief – guard his heart and his mind from the enemy. Christ is raised and is high above all authority; may my husband submit to Your authority and lead in a humble yet powerful way. Through the Risen Christ — Amen

“Guide me, O Thou great Jehovah, pilgrim through this barren land.  
I am weak, but Thou art mighty; hold me with Thy powerful hand.”

- William Williams

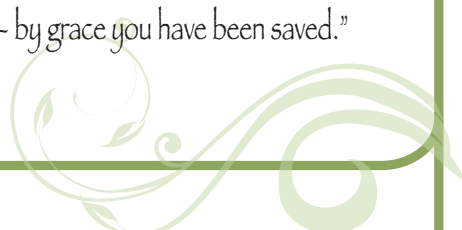
Additional Verses:

Colossians 1:9; 1 Corinthians 2:6-12; Psalm 147:5



Ephesians 2:4-5

“But God, being rich in mercy, because of the great love with which He loved us, even when we were dead in our trespasses, made us alive together with Christ – by grace you have been saved.”



God of Mercy –

Oh, thank You for saving \_\_\_\_\_. Thank You for revealing Yourself to him and pouring out on him Your mercy and not Your wrath. Please guide his steps to walk in the grace that he has been so richly afforded.

Thank You for giving him new and abundant life through Christ. Let him live and experience that life to the fullest! Grace him more than he could ever imagine.

Keep him from returning to the dead life from which you raised him and brought him to new life.

Jesus, You are worthy — Amen

“Oh praise the One who paid my debt  
and raised this life up from the dead — Jesus!”

- Kristian Stanfill

Additional Verses:

Psalm 86:5; Titus 3:5



Ephesians 2:7

“...so that in the coming age He might show  
the immeasurable riches of His grace in kindness  
toward us in Christ Jesus.”



Lavish King –

Thank You for Your goodness to us in all things. You have been more kind to us than we deserve. When You declared my husband as Yours, You set a seal on his heart that would richly bless him. Jesus is a Prince that desires to bless us – just like his Father – how amazing is your generosity. Whether these blessings come on this earth or in heaven, I do not know.

But, I pray that he would remain faithful to You in hardship and not take his eyes from You if he comes to wealth. You are greater than all things; money, fame, possessions, positions of employment or ministry. May he always remember that truth. Keep his heart from greed and may his eyes be constantly fixed on you.

You are our Greatest Blessing — Amen

“The gift of eternal life in God’s presence is glorified if we are willing to hate our lives in this world in order to lay hold of it.”

- John Piper, *The Dangerous Duty of Delight*, p. 79

Additional Verses:


Psalm 84:11-12; John 12:25





Ephesians 2:10

“For we are His workmanship,  
created in Christ Jesus for good works,  
which God prepared beforehand,  
that we should walk in them.”



Poet King –

You are the Master poetry writer. You gave my husband to me to delight in, love, serve, and rejoice in during this life. You have designed him to be a masterpiece for You.

May every day that he lives be lived in submission to You – in good works to others, sincere devotion to You, loyalty to his family, and with a servant’s heart.

I pray his heart would be obedient to You – in everything that You have created him to be and to do.

You are good — Amen

“If we are to make any headway in reforming our personal and corporate praying then we shall have to begin listening afresh to Scripture and seeking God’s help in understanding how to apply Scripture to our lives, our homes, and our churches.”


- D. A. Carson, *A Call to Spiritual Reformation*, p. 9

Additional Verses:

2 Corinthians 13:7-9; 1 Thessalonians 5:23-24

## Ephesians 2:13-14

“But now in Christ Jesus you who once were far off have been brought near by the blood of Christ. For He Himself is our peace, who has made us both one and has broken down in His flesh the dividing wall of hostility.”



Peace-Giver –

Oh gracious giving Father – thank You for sending Jesus to be our peace. Thank You for reconciling the relationship between my husband and You – so that in turn we could have reconciliation and peaceful harmony as husband and wife. We cannot hope for peace in our marriage otherwise.

Thank You for bringing him near and close to You through the blood of Christ. May he live his life for You by grace, so that his life would be a testimony of Your mercy and grace.

Thank You, Jesus, for paying that hostile price for my husband so he could live in peace with You.

You are dear — Amen

“When Christ opens, or speaks through, His Word, He begins a dialogue with the soul. He engages us at the deepest level, and we bow before Him to say,  
‘Lord Jesus, You have ministered Your Word to us.’”

- Alistair Begg and Sinclair Ferguson, *Name Above All Names*, p. 70

Additional Verses:

John 16:33; Matthew 5:9

## Ephesians 2:18-19

“For through him we both have access in one Spirit to the Father. So then you are no longer strangers and aliens, but you are fellow citizens with the saints and members of the household of God.”

### Spirit-Giver –

Thank you for making our way to You possible in the Spirit through the Son, for reconciliation and peace. May my husband come to depend mightily on the Spirit and all He can do. May he know that he is powerless unless the Spirit moves in his life.

Fill him! Impart a new and fresh understanding of Scripture to him.

Thank You for welcoming him and not keeping him at arm's length – at a distance. May he use the knowledge and relationship and gifts You have given him to encourage and build up others.

Thank You, Father — Amen

Lined writing area with 20 horizontal lines.

“Although I’m just a common man, because of God’s redemption plan,  
I can boldly approach the throne.”

- Geron Davis


Additional Verses:

Hebrews 2:17-18; Hebrews 4:15



## Ephesians 3:4-5

“When you read this, you can perceive my insight into the mystery of Christ, which was not made known to the sons of men in other generations as it has now been revealed to his holy apostles and prophets by the Spirit.”



### Word-Giver –

Thank You for giving us Your written, breathed Word to hold in our hands. May Your Word not be dull in my husband's life, but living and active – showing him new realities and hidden mysteries of Christ every time he opens it.

Allow my husband's time spent with You to be rich and invigorating. Un-blind his eyes to see Your truth You have revealed to us. Then may he be obedient to what he reads, looking deep into Christ, being a doer and not only a hearer.

This Word is life-changing, marriage-changing; may we experience its power in our lives and our marriage today.

May Christ be exalted — Amen

“As we concentrate on growing in our reverence and awe for God and in our understanding of His love for us, we will find that our desire for Him will grow.

As we gaze upon His beauty we will desire to seek Him even more.”

- Jerry Bridges, *The Fruitful Life*, p. 176-177

Additional Verses:

Hebrews 4:12; James 1:22-25; Psalm 119:10



Ephesians 3:11-12

“This was according to the eternal purpose that he has realized in Christ Jesus our Lord, in whom we have boldness and access with confidence through our faith in him.”



Eternal God –

You are forever, and You are bigger and wiser than we are. Thank you for doing things in and through us that make us marvel at who you are, and stand in awe of Your ways!

Give \_\_\_\_\_ a boldness and faith in You that will surprise him. Grow his faith in amazing ways, that even he could move mountains.

Strengthen his faith where it is weak. Make him rely solely on You for life and breath. Thank you for all of this.

In Christ — Amen

“Before the throne of God above, I have a strong and perfect plea,  
A great High Priest whose Name is Love, Who ever lives and pleads for me.”

- Charitie Lees Bancroft

Additional Verses:

Hebrews 4:16; Hebrews 7:25



## Ephesians 3:14-19

“For this reason I bow my knees before the Father, from whom every family in heaven and on earth is named, that according to the riches of His glory He may grant you to be strengthened with power through His Spirit in your inner being, so that Christ may dwell in your hearts through faith—that you, being rooted and grounded in love, may have strength to comprehend with all the saints what is the breadth and length and height and depth, and to know the love of Christ that surpasses knowledge, that you may be filled with all the fullness of God.”

Provider –

The Apostle Paul suffered much for You. Though my husband’s life doesn’t include floggings, beatings, and shipwrecks, may he also hold firm to You when he is under trial of any kind.

Will you grant him a fullness of Your Spirit that will enable him to be strong in You and to persevere, that in everything he does he would act from a heart of passionate faith in the wide, high, deep, long, eternal love that You have for him.

Oh, fill him, God — bar his mind from every evil thought so his mind, heart, and soul would be filled up in You.

Lover of our souls — Amen

“A serious moral effort... will bring you to the point where you throw up the sponge. Faith in Christ is the only thing to save you from despair at that point: and out of that faith in Him good actions must inevitably come.”


- C. S. Lewis, *The Joyful Christian*, p. 135

Additional Verses:

Hebrews 11:6; Colossians 1:27

## Ephesians 3:20-21

“Now to him who is able to do far more abundantly than all that we ask or think, according to the power at work within us, to him be glory in the church and in Christ Jesus throughout all generations, forever and ever, amen.”



### Prayer-Answerer –

As the One who knows my husband's desires more than anyone in this life, I pray that You will grant them exceedingly for him. Not so he could relish in the answers, but so that he could love You more and turn those answers back into praises to You.

You have saved him for Your glory and praise – but I pray that You would do still more and more for him and through him, according to Your power and abundance.

Some of these prayers and desires of his are so vulnerable and personal! Would you give him a patient yet persevering and begging heart to approach You for these desires, whether in his business, family, or friendships? That the answer to these prayers would bring You great glory!

Lover of our souls — Amen

“It is impossible to describe the acts of God without in some way touching upon His faithfulness to His own.”

- Jerry Bridges, *The Fruitful Life*, p. 130

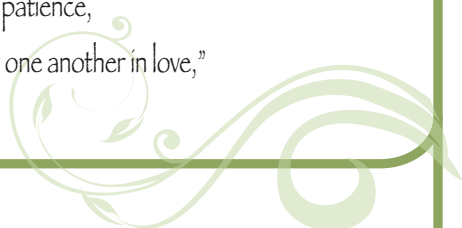
Additional Verses:

Psalm 86:11; Psalm 20:4



## Ephesians 4:2 (humility)

“...with all humility  
and gentleness,  
with patience,  
bearing with one another in love,”



Lord –

One quality I love about \_\_\_\_\_ is his humility.  
That doesn't come from him, but has been deposited there  
by Your Spirit.

I pray that You will continue to work in him so that he  
and others may see great fruit coming from the humility  
of his life, in his work relationships, his family relationships,  
and even as a blessing to those he “randomly” meets.

Humility is a quality that Jesus shared when he came to  
earth. May \_\_\_\_\_ continue to grow up in the Lord,  
walking worthy of his calling, and may he run from those  
situations that tempt him to walk in pride.

Keep him — Amen

“Whatever the area of humility we need to work on, it is important that we do so in dependence on Him who is at work in us.”

- Jerry Bridges, *The Practice of Godliness*, p. 84

Additional Verses:

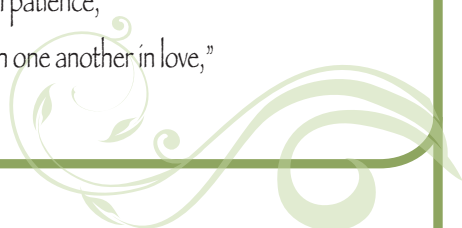
Philippians 2:1-11; James 4:6





Ephesians 4:2 (gentleness)

“...with all humility  
and gentleness,  
with patience,  
bearing with one another in love,”



Gentle Father –

I praise You for giving me what I needed when You gave me a gentle husband. Thank you for working Your gentleness in his masculine heart, and for being Yourself the perfect example fo what a gentle leader should be.

May he stay close to You with a humble heart and an eager walk so he may learn more of Your gentle nature. Give him insight into Your word so he may see gentleness on display.

When I respond to him in an ungentle or harsh way, give him grace to diffuse my sinful spirit with a gentle heart led by You.

In Your Strength — Amen

“Perhaps no grace is less prayed for, or less cultivated than gentleness.  
Seldom do we reflect that not to be gentle is sin.”

- George Bethune, *The Fruit of the Spirit*, p. 100

Additional Verses:

Matthew 11:29; Colossians 3:12



Ephesians 4:2 (patience)

“...with all humility  
and gentleness,  
with patience,  
bearing with one another in love,”

Patient Savior –

Thank You for demonstrating a patient and merciful heart toward my husband. Thank You for not destroying him or condemning him when he sins, but instead offering him patience and mercy.

I pray that You would enable him to also demonstrate patience:

- With me when I am behind on getting tasks done around the house.
- With his co-workers when deadlines come and go or there is a difference of opinion.
- With his children when their character needs shaping or they are learning a new task or ability.

Thank You — Amen

“The fruit of patience, in all its aspects — long-suffering, forbearance, endurance, and perseverance — is a fruit that is most intimately associated with our devotion to God.”


- Jerry Bridges, *The Practice of Godliness*, p. 181

Additional Verses:

Colossians 3:12-13; Exodus 34:6-7; James 1:19

Ephesians 4:2 (forbearance in love)

“...with all humility  
and gentleness,  
with patience,  
bearing with one another in love,”



Patient and Loving Lord –

Thank You for giving \_\_\_\_\_ much patience with me. But, even more so, please continue to grow him in forbearance with love as I fail at the same things time and time again.

May he seek to sanctify and encourage me in these areas of necessary growth, not the point of harshness but with Your forbearing and loving Spirit leading him. Encourage him in this and lead him to continue joyfully walking this journey with me through this life.

Also, have great forbearance with him as he strives to love You more, and especially as he grows in his role as a husband and a father.

By Your kindness — Amen

Lined writing area with 20 horizontal lines.

“Whatever the source of our adverse circumstances, the key to endurance and patience is to believe that God is ultimately in control, working out events for our good.”

- Jerry Bridges, *The Practice of Godliness*, p. 179

Additional Verses:

Romans 2:4; Psalm 40:1-2; Colossians 3:13



Ephesians 4:3

“...eager to maintain the unity of the Spirit  
in the bond of peace.”



Peacemaker –

Thank You for already making peace for my husband  
with You through the work of Jesus on the cross.

Thank You for that great gift of love and sacrifice that  
made him one with You.

As he lives his life in all areas — ministry, work,  
friendship, marriage, parenting — let him strive to know  
that peace and also to live out that peace, displaying and  
demonstrating it to all around him.

May others know him as a man of a peaceful heart and  
not one of agitation and divisiveness. You are great and can  
work this in him.

In Your power — Amen

“We must also keep in mind that it is Christ’s body of which we are members.  
It is His glory — and the honor of His church — that is at stake  
in our relationships with one another.”

- Jerry Bridges, *The Practice of Godliness*, p. 165

Additional Verses:

Philippians 2:1-11; Romans 12:18



Ephesians 4:15

“Rather, speaking the truth in love,  
we are to grow up in every way  
into Him who is the head, into Christ.”

Just One –

Thank You for showing us great love when we don't deserve it. We never deserve it!

I pray that \_\_\_\_\_ would take that love and translate it into how he communicates to those who are struggling with sin. To me when I need correction. To those he ministers to – may he show love, grace, and truth to them.

May he show favor and mercy to his children as they grow. Make him focused on his goal – not of being right but of being an agent of you – enabling others to see their sin, repent of it, and grow to maturity in you. Give him a peaceable communication that will be winsome to those to whom he is speaking.

Our Peace Maker — Amen

“Love is not so much a character trait as  
the inner disposition of the soul that produces them all.”

- Jerry Bridges, *The Fruitful Life*, p. 63

Additional Verses:

1 Corinthians 13:4-8; 1 John 4:8



## Ephesians 4:18

“They are darkened in their understanding, alienated from the life of God because of the ignorance that is in them, due to their hardness of heart.”

### Life-Changer –

Thank You for changing my husband's life and saving him by Your Son's work on the cross. Thank you that he is no longer alienated from You.

I pray that You will not allow sin of any kind to grab hold of his heart and mind, that nothing will separate him from You.

Enlighten his understanding as You give him daily fellowship in Your Word, guiding him with Your Spirit that he might not turn from You in anything he does. Keep him from any sin that would damage his friendship with You and with others. You are his keeper and I entrust him to you –

My Keeper too — Amen

This hardness of heart implies, “repeatedly making wrong choices causes the heart to become callous, making it ever more insensitive to God’s will and ways.”

- Bryan Chapell, *Ephesians*, p. 205

Additional Verses:

Jude 1:24-25; Jeremiah 17:9



## Ephesians 4:22-24

“...to put off your old self, which belongs to your former manner of life and is corrupt through deceitful desires, and to be renewed in the spirit of your minds, and to put on the new self, created after the likeness of God in true righteousness and holiness.”

Creator –

You created \_\_\_\_\_ in your image. Thank You for giving him to me.

I pray that he would grow in his spirit-ability of self-control to lead a life of denial to his sinful desires – covetousness, anger, impure thoughts, and the like.

Allow him instead to be renewed every day by the Spirit's work in his heart – by the reading of the Word, prayer, fellowship with other believers.

Let him pursue a life of right living and of holiness before his God and Savior.”

You are amazingly holy — Amen

“Though the power for Christ-like character comes from Christ, the responsibility for developing that character is ours.”

- Jerry Bridges, *The Fruitful Life*, p. 17

Additional Verses:

Genesis 1:26-28; Isaiah 6:1-8



## Ephesians 4:26-28

“Be angry and do not sin; do not let the sun go down on your anger, and give no opportunity to the devil. Let the thief no longer steal, but rather let him labor, doing honest work with his own hands, so that he may have something to share with anyone in need.”

Loving Father –

You are the giver of life. I pray that my husband would stay close to You, obeying Your very words and laws so that he may not be angry, stingy, or lazy.

Give him daily a strong work ethic so that he may complete his tasks and be a good steward of his time.

Give him a gentle, forgiving heart with me so we are quick to reconcile in moments of strife.

And I pray that he would continue to lead us to be a generous family, faithfully and joyfully sharing our time, money, and possessions.

Faithful giver — Amen

“Most of our opportunities for good deeds will arise out of the course of our daily lives. The challenge to us is to be alert for these opportunities and see them not as interruptions or inconveniences but as occasions for doing the good works God has planned for us.”

- Jerry Bridges, *The Fruitful Life*, p. 120

Additional Verses:

Luke 6:35; Matthew 25:31-46





## Ephesians 4:32-5:1

“Be kind to one another, tenderhearted, forgiving one another,  
as God in Christ forgave you.

Therefore, be imitators of God, as beloved children.”

### Beloved Father –

Even so much as You have shown kindness and love to  
my husband, let him also show that in his life with:

Me, his wife: he definitely sees me at my worst and  
sees the majority of my sins. Give him a willing and  
forgiving heart — not a heart that aims at retribution  
or harshness.

His children: as our children grow and mature, give  
him love and kindness toward them in tangible,  
hands-on ways.

Friends/Co-workers: as deadlines come and ministry  
opportunities open or close — may he show kindness  
to all he deals with — whether in an email, on the  
phone, or in person.

When others aren't showing Christ, let him be like God in  
his actions and heart medications.

Our Supreme Example — Amen

“Kindness is a sincere desire for the happiness of others; goodness is the activity calculated to advance that happiness.”

- Jerry Bridges, *The Practice of Godliness*, p. 193

Additional Verses:

Psalm 19:14; Galatians 6:10



## Ephesians 5:8-10

“...for at one time you were darkness, but now you are light in the Lord.

Walk as children of light,

(for the fruit of light is found in all that is good and right and true).”

### Our Light –

Thank You for sending Jesus to be the light of the world. Such an example and need!

Thank You for rescuing my husband from walking in darkness for this life and eternity. Help him now, by Your Spirit, to live as a child of light in this world.

Help him steer clear of coveteousness— other jobs, cars, material possessions.

Keep his mind and body pure from any sexual impurity. This is such a temptation – help him to constantly be on guard. Let his words be pure and right and his ears be closed to evil talk around him.

Thank You for sending Jesus to bear Your wrath against \_\_\_\_\_’s sin so he wouldn’t have to. Help him to live as your friend.

In Your Power — Amen

“Living as children of light is determined not only by what we do,  
but also by whom we please.”

- Bryan Chapell, *Ephesians*, p. 253

Additional Verses:

Matthew 5:13-16; John 8:12



## Ephesians 5:15-16

“Look carefully then how you walk, not as unwise but as wise, making the best use of the time because the days are evil.”



### Keeper of Time –

You were before time began, yet You created us, Your children, in a time-bound world. I can't know in advance how many days You will give my husband on this earth.

I know many who have lost their husbands before they grew old and gray, and also many who are growing old and gray together.

May \_\_\_\_\_ be a good and wise user of his time – both in the office and here at home. Help him not to become a workaholic as some are prone, but also not to be lazy.

May he walk moment by moment in his everyday living according to Your plan – Your wise, good, and perfect plan.

Thank you — Amen

“The wonderful truth is that God is both transcendent and personal.  
He exists above or beyond time and space. Yet He is personal:  
He presents Himself to us . . . as Father, as Lord.”

- D. A. Carson, *A Call to Spiritual Reformation*, p. 159

Additional Verses:

Romans 12:1-2; Colossians 4:3-6

## Ephesians 5:25-27

“Husbands, love your wives, as Christ loved the church and gave Himself up for her, that He might sanctify her, having cleansed her by the washing of water with the word so that He might present the church to Himself in splendor, without spot or wrinkle or any such thing, that she might be holy and without blemish.”

Father –

You are the Good Giver who gave my husband to me. Thank You for this rich blessing. Thank you for sending Jesus to love the Bride. He sacrificed amazingly for the church.

I pray you would strengthen \_\_\_\_\_ every day to follow that example, to love me well, to encourage and correct me, in order to present me more pure to Christ.

That he would first study the Word for its richness and truth – then share with me and pray for me the words and instructions and blessings that he found therein.

Thank you sweet Giver — Amen

“Faithful character comes from a great devotion,  
and the greatest devotion of all is the love of God.”

- Jerry Bridges, *The Fruitful Life*, p. 11

Additional Verses:

Colossians 3:9; 2 Timothy 3:16-17





## Ephesians 6:1-4

“Children, obey your parents in the Lord, for this is right. ‘Honor your father and mother’ (this is the first commandment with a promise), ‘that it may go well with you and that you may live long in the land.’ Fathers, do not provoke your children to anger, but bring them up in the discipline and instruction of the Lord.”

### Eternal Father –

Thank You for being a wonderful, perfect example of what a father should be. You father my husband so graciously! As his own parents age, and his relationship with them changes – may he know what it means to honor them even now.

May he reap the promise that You have made from Your trustworthiness. May he also grow in his maturity and skills as a father to our children.

May he learn from You and from other godly men around him what it means to be a godly father and raise his children to know You and walk daily with You.

You are faithful — Amen

“The first building block parents should lay for a child’s biblical foundation is the parents’ own love relationship with the Lord.”

- Bryan Chapell, *Ephesians*, p. 307

Additional Verses:

Deuteronomy 6:5-9; Psalm 78



## Ephesians 6:10-18a

“Finally, be strong in the Lord and in the strength of his might. Put on the whole armor of God, that you may be able to stand against the schemes of the devil. For we do not wrestle against flesh and blood, but against the rulers, against the authorities, against the cosmic powers over this present darkness, against the spiritual forces of evil in the heavenly places.

Therefore take up the whole armor of God, that you may be able to withstand in the evil day, and having done all, to stand firm.”

### Our Strength –

Today, Lord, strengthen my husband for doing exactly what is on Your agenda for him. Give him time in the Word so that he will have a sword to ward off the deceiving enemy. Help me also to protect his time in the Word and not be a distraction to him.

Give him strength to stand firm in ministry and in our marriage. Let him live righteously, covered by the blood of Christ and His righteousness that is now imparted to \_\_\_\_\_. Give me insight into his needs, heart, and mind to know how to bathe him in prayer daily. As he walks through this life, give him a gentle attitude of continued prayer for himself and others.

Lover of our souls — Amen

"A gentle Christian will not feel threatened by opposition  
or resent those who oppose him."

- Jerry Bridges, *The Practice of Godliness*, p. 188

Additional Verses:

1 Peter 5:8; Proverbs 4:23



## Ephesians 6:23-24

“Peace be to the brothers, and love with faith

from God the Father and the Lord Jesus Christ.

Grace be with all who love our Lord Jesus Christ with love incorruptible.”



### Promise Keeper –

There are so many promises in Your Word – all of them You faithfully keep. Thank You for being a promise-keeping God.

May my husband rest in the deep, deep love of Jesus that is his by the blood of the cross.

May his faith continue and grow stronger in You through his experience of You.

May he receive new grace every day to excel at his job and his family life.

Your love is indeed incorruptible. May he come to know that and cling to it even if everything else is gone.

Good God — Amen

“O, the deep, deep love of Jesus, vast unmeasured, boundless, free,  
Rolling as a mighty ocean in its fullness over me!  
Underneath me, all around me, is the current of Thy Love,  
Leading onward, leading homeward to Thy glorious rest above.”

- S. Trevor Francis

Additional Verses:

Colossians 3:14; 1 Peter 4:8

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